



ishga

Scottish Seaweed Skincare

ishga is derived from the Gaelic word for water. Their products have been developed in the Outer Hebrides using the highest quality and purest Scottish seaweed combined with water from a natural spring situated on the beautiful Isle of Lewis.

Seaweed has been used for centuries for its natural healing and therapeutic properties and contains a high content of vitamins, minerals and powerful natural antioxidants, which are considered essential for maintaining glowing skin; while recent scientific research shows the seaweed extract used in ishga preserves the skin's natural collagen.



SPA PACKAGES

SPA REVIVER PACKAGE

£127.50pp | £255 per room (based on 2 people sharing)

- Your Spa Reviver Package includes:
- One nights' stay with dinner & breakfast for 2 people
- Access to the Spa & Leisure Centre throughout your stay
- One 30-minute treatment per person from the list below; Express Invigorating Massage/ ishga Express Facial

WEEKDAY WELLNESS

£167.50 pp | £335 per room (based on 2 people sharing)

Get away from it All! This weekday package will allow you to benefit from the hotel facilities and surrounding areas while at the same time unwinding and rejuvenating in the spa. Your Spa Wellness Package includes:

- Overnight stay with breakfast and dinner included for two people
- 1 hour treatment per person from the following:
 - 60 min Invigorating Massage
 - 60 min ishga Facial

SPA REJUVENATOR

£242.50pp | £485 per room (based on 2 people sharing)

The weekend is here! This weekend rejuvenating package will allow you to recover from your long week. Take advantage of our beautiful surrounding grounds while at the same time unwinding and rejuvenating in our Spa & Leisure Club. Your Weekend Wellness Package includes

- Two-night stay with breakfast and dinner included for two
- 60-minute treatment per person chosen from the following:
 - 60 min Invigorating Massage
 - 60 min ishga Facial

Spa Reviver Package & The Unplug Unwind Package

If booking for one guest only, there will be a £50 supplement charge for the room and only one 30 minute treatment is permitted.

Spa rejuvenator & Weekday wellness

If booking for one guest only, there will be a £50 supplement charge for the room and only one 60 minute treatment is permitted.

UNPLUG, UNWIND SPA STAY

£134.50pp | £269 per room (based on 2 people sharing)

- Your unplug, unwind spa stay includes
- 1 night stay with breakfast
- Afternoon Tea for two
- A classic cocktail of your choice,
- 30 minute spa treatment per person

SPA DAYS

ESSENTIAL ESCAPE SPA DAY £69

Your time is precious, so take a mini pamper day to relax and refresh your mind and body. Your day of relaxation will include full use of the spa facilities and a light lunch while a robe, towels and slippers will be provided for your comfort. Choose your 30-minute treatment from the following.

- Express Invigorating Massage
- ishga Express Facial
- £10 retail voucher included

ARDOE DELIGHT SPA DAY £109

Relax, rejuvenate and de-stress; our therapists will create a bespoke experience for you. Your day of relaxation will include full use of the spa facilities, a 60 minute treatment and lunch while a robe, towels and slippers will be provided for your comfort. Choose your treatment from the following:

- Invigorating Massage
- ishga Facial
- £10 retail voucher included

